Amendment One

Section F — Rig

F.5  Standing Rigging
F.5.3  FITTINGS
Amend text to read:
F.5.3.1

   e)  Spreaders for the main shrouds shall be of alloy containing not less than
       90% aluminium, or of steel, or of wood, or of composite carbon fibre and
       resin. They may be of a swinging type and the bearing point to the main
       shrouds shall be not less than 640mm from the side of the mast. The
       spreaders shall be attached to the mast above the lower shrouds as defined
       by Rule F.5.3.1 (b).